

Le petit déjeuner

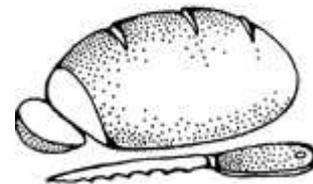
GS

Pour bien grandir et avoir des forces pour toute la journée, il faut faire un petit déjeuner équilibré.

1 laitage



1 céréale

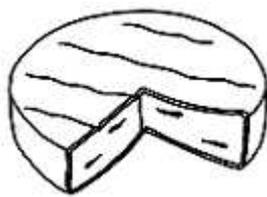
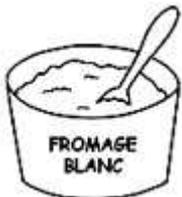
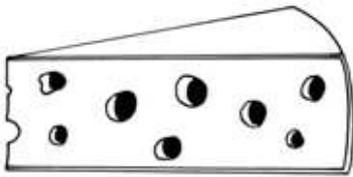
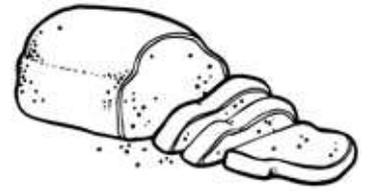
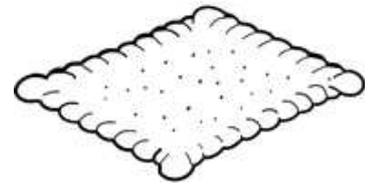
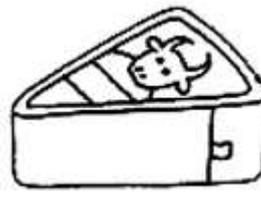
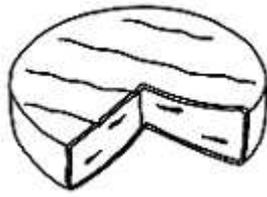
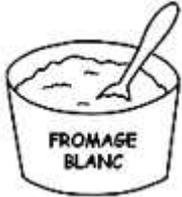
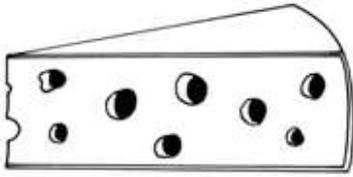
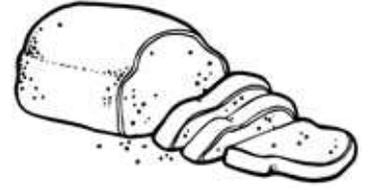
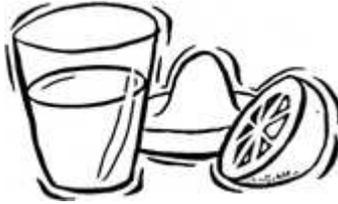
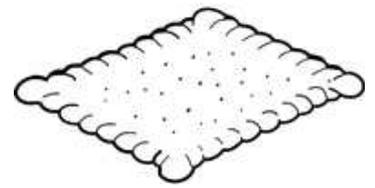


1 fruit



1 petit peu de sucre





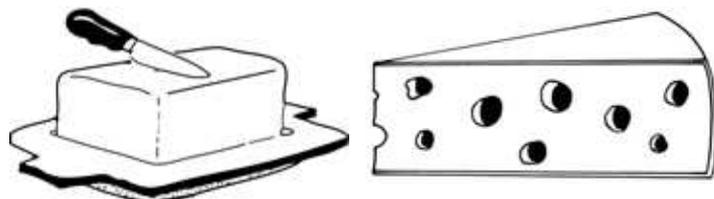
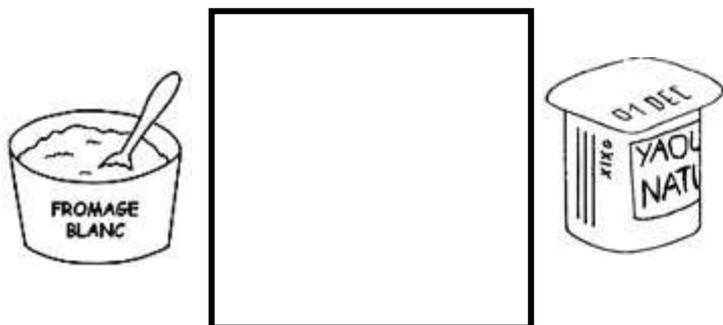


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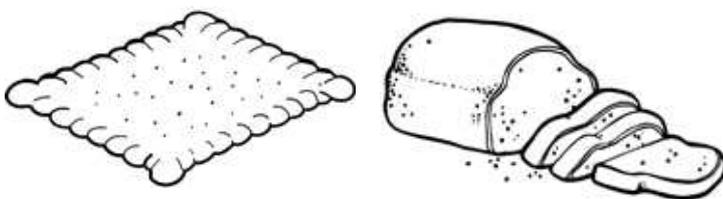
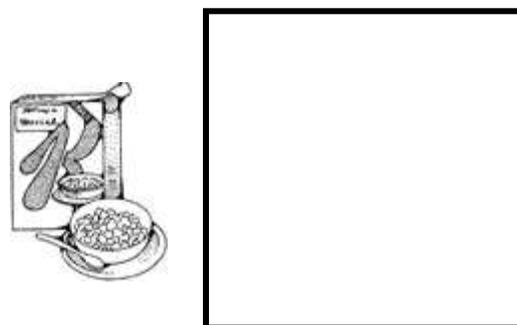
MS

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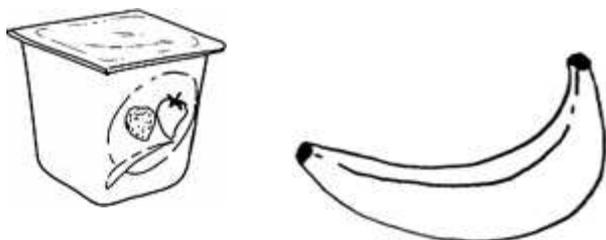
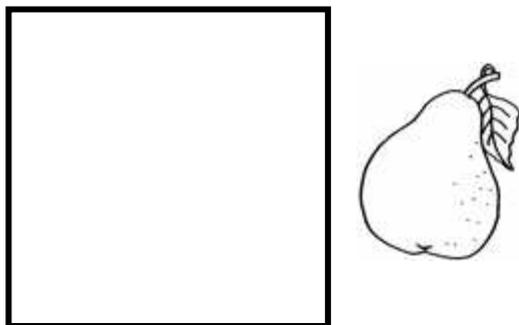
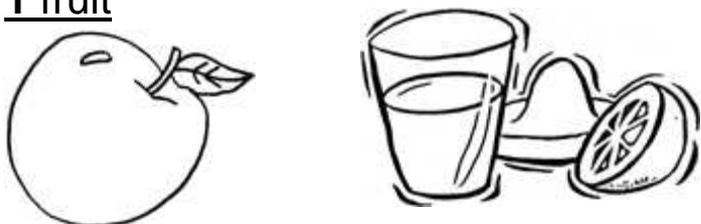
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